



# Embrace Parent and Carer Community Group Guidelines

These guidelines describe the purpose of the Embrace Parent and Carer Community Group, its membership and the opportunities for participation and involvement that members will receive from the Embrace @ Telethon Kids Institute team.

## Purpose

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The Embrace Parent and Carer Community Group has been established to act as Embrace's main point of contact with parents and carers of young people aged 0-25 in WA who are interested in the work of Embrace, who would like to receive opportunities to take part in and shape mental health research across Telethon Kids Institute, and who would like to receive invitations to attend events associated with Embrace @ Telethon Kids Institute.

The purpose of the group aligns with *Embrace 2020: Our Research Strategy*,<sup>1</sup> and the intention of Embrace to work with communities to improve mental health outcomes within WA.

## Membership

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Embrace Parent and Carer Community Group members are:

- Parents or carers of infants, children or young people aged 0 – 25 years old
- WA residents
- Interested in the work of Embrace. For example, learning more about the mental health research conducted at the Institute, participating in mental health research, and working with researchers to shape decisions about research priorities, policy and practice.

Individuals can express interest in joining the community group by completing an online form available from the Embrace website.

If the individual meets the membership criteria set out above, they will be sent confirmation that they have joined the Group and will then receive ongoing communications from the Embrace team ([embrace@telethonkids.org.au](mailto:embrace@telethonkids.org.au)).

Group members can opt out of membership at any time by contacting the Embrace team.

## Opportunities

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The Embrace team aims to provide the following to the Embrace Parent and Carer Community Group:

- One e-newsletter every two months from the Embrace team, featuring research updates, researcher profiles and a summary of opportunities to get involved in the work of Embrace and infant, child and youth mental health research
  - This includes opportunities to take part in research, to be part of grant review panels, to attend events and to help shape Embrace's work
- Stand-alone e-bulletins outlining research, event and activity opportunities as they arise
- The opportunity to become part of the wider Telethon Kids Institute CONNECT network, which rewards and supports people for the contributions that they make to Telethon Kids Institute research.

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<sup>1</sup> Embrace @ Telethon Kids Institute (2022) *Embrace 2022: Our Research Strategy*. Available from: <https://embrace.telethonkids.org.au/about-embrace/>